



Upcoming Continuing Education Seminars with **Mark. R. Reinhart**

Course Topic: Calibrating Self and Client

Presenter: Join Mark R. Reinhart as he shares his unique approach ensuring proper focus, execution and pacing of these selected qigong routines. Your time is valuable, so whether approached clinically, therapeutically or personally, this workshop will allow you to optimize and maximize your practice

Program Description: To maximize the time and energy devoted to any qigong practice, over and above physical and structural components, proper execution and pacing will determine the effectiveness of the exercise. Much in the same way that a piece of music once physically learned, needs to be performed at the proper tempo with the proper articulation and expressions for the 'music' to flow, the same holds true with qigong. Whether prescribed as homework for a treatment, or if you want to take your routines to a deeper level, proper pacing is the key that will unlock the mystery and reveal the true benefits. As practitioners, the therapeutic focus and utilization of the specific components of the routines along with understanding and being able to share this information while combining tailored calibration and entrainment will ensure maximal benefits. The three qigong routines to be taught: Sun & Moon, Golden Ball and The Eight Rotations, in addition to providing specifics for acupuncture treatments, offer a wonderful opportunity for people of all levels of interest and experience to expand their qigong repertoire.

The workshop will consist of lecture/discussion, detailed instruction of the three Qigong routines and their therapeutic targets along with a focus on how to 'play' the individual routines. Making music with movement.

Date & Time: Sunday, December 6, 2026 (10 – 5 pm) IN-PERSON ONLY

Attendance is required to receive PDA credits from NCCAOM

Registration Course Fee:	\$175 for practitioners & non-practitioners	\$150 for ESATM Alumni
\$150 for NJAS Current Members	\$125 for students not attending ESATM	\$100 for ESATM students

(3.5% convenience fee will be charged for online processing)

Licensed Acupuncturists must provide their license number when registering for this event.

Location: Eastern School of Acupuncture, 440 Franklin Street, 5th Floor, Bloomfield, NJ 07003

*****ALL REGISTRATIONS ARE FINAL AND NON-REFUNDABLE*****

Current practitioners will receive six (6) continuing education units (PDA points) for completion of the class. A CEU certificate of completion will be given at the end of the CEU. Attendees must attend both classes in its entirety to receive the certificate.

Register early! Class sizes are limited.

Please detach the form below and send with a check or credit card information to:

Eastern School of Acupuncture and Traditional Medicine, 440 Franklin Street, Suite 500, Bloomfield, NJ 07003

Email it to administration@esatm.edu or fax your registration form to 973-746-8714.

Non-Disclosure Agreement

I (initial here) _____ understand that by attending a Continuing Education Event (CEU) at The Eastern School of Acupuncture and Traditional Medicine (ESATM), I will have access to their facility at 440 Franklin St., Bloomfield, NJ 07003.

This access may result in interactions with students and faculty who attend or are employed by ESATM. I understand that any discussions or experiences I may encounter during my CEU attendance that are not directly related to the CEU itself are considered the intellectual property of ESATM and cannot be disclosed outside of the campus at 440 Franklin St., Bloomfield, NJ 07003. This includes, but is not limited to: sharing ESATM's intellectual property with other acupuncture schools, faculty, employees, and students. Violation of this policy will result in a permanent ban from attending future CEU's at this property.

Name	License Number		
Address	City	State	Zip Code
Phone	Email Address		

Are you a: ☐ Practitioner/Non-Practitioner ☐ Eastern School Alumni ☐ NJAS Current Member
 ☐ Eastern School Student ☐ Acupuncture student (not attending ESATM)

Please select payment: ____ Visa Card ____ Master Card ____ Amex Card ____ Discover

Card Number

Exp. Date

Security Code

Signature: _____

My signature is confirmation that I have read all policies pertaining to CEUs and submission of this registration form means I agree and understand these policies will be strictly enforced. *Please visit www.esatm.edu under Events, then Continuing Education, to read our policies. Thank you.

Event-Mark Reinhart 2026