

Thursday October 24, 2024 AHM Day at ESATM! Come celebrate and join us for all day free events!

9:00-1:00 Community Acupuncture

11:00 Yoga

12:00 QiGong

2:00 Cooking class-Let's make rice balls!

440 Franklin St. 5th Floor, Bloomfield, NJ, 07003 www.esatm.edu

